

# October 2020

Hope Hall  
Lunch

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**1**

### HOT MEAL

- Chicken Tenders and Rice Cinnamon Applesauce and Vegetable Trio

### COLD MEAL OPTIONS:

- Tuna Salad Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**2**

### HOT MEAL

- Tony's Fiestada Pizza with Fruit Cup and Peas & Carrots

### COLD MEAL OPTIONS:

- Chicken Salad Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**5**

### HOT MEAL

- Galaxy Round Pizza with Mixed Fruit and Corn

### COLD MEAL OPTIONS:

- Turkey and Cheese Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**6**

### HOT MEAL

- French Toast Sticks with Turkey Sausage Patties Assorted Fruit Juice and Maple Carrots

### COLD MEAL OPTIONS:

- Egg Salad Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**7**

### HOT MEAL

- Italian Grilled Cheese with Marinara Sauce Pears and Garden Salad

### COLD MEAL OPTIONS:

- American Assorted Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**8**

### HOT MEAL

- Turkey Club Sandwich with Tator Tots and Diced Peaches

### COLD MEAL OPTIONS:

- Chicken Salad Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**9**

### HOT MEAL

- Macaroni and Cheese with Dinner Roll Applesauce and Broccoli

### COLD MEAL OPTIONS:

- Tuna Salad Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**12**

NO SCHOOL

**13**

### HOT MEAL

- Chicken Patty on Bun with Cinnamon Applesauce and Tator Tots

### COLD MEAL OPTIONS:

- Turkey and Cheese Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**14**

### HOT MEAL

- Pasta Bake with Breadstick with Pears and Broccoli

### COLD MEAL OPTIONS:

- Salami and Cheese Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**15**

### HOT MEAL

- Taco Salad with Taco Chips with Mixed Fruit and Black Bean Corn Salad

### COLD MEAL OPTIONS:

- Tuna Salad Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**16**

### HOT MEAL

- Stuffed Crust Cheese Pizza with Fruit Cup and Mixed Vegetables

### COLD MEAL OPTIONS:

- Chicken Salad Sandwich
- Peanut Butter & Jelly

### ALL COLD MEALS INCLUDE:

- Veggie Crunchers and Assorted Fruit

**19**

**HOT MEAL**

- Maple Burst Mini Pancakes with Turkey Sausage Patty with Assorted Fruit Juice and Hash Brown

**COLD MEAL OPTIONS:**

- **Turkey and Cheese Sandwich**
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**20**

**HOT MEAL**

- **Chicken Drumstick** with Dinner Roll with Pears and Mashed Potatoes

**COLD MEAL OPTIONS:**

- Egg Salad Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**21**

**HOT MEAL**

- **Popcorn Chicken** with Dinner Roll Applesauce and Steamed Green Beans

**COLD MEAL OPTIONS:**

- American Assorted Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**22**

**HOT MEAL**

- Garlic French Bread Pizza with Mixed Fruit and Three Bean Salad

**COLD MEAL OPTIONS:**

- Chicken Salad Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**23**

**HOT MEAL**

- **Beef Burrito** with Diced Peaches and Mixed Vegetables

**COLD MEAL OPTIONS:**

- Tuna Salad Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**26**

**HOT MEAL**

- Hamburger or Cheeseburger Diced Peaches and Bbq Beans

**COLD MEAL OPTIONS:**

- Egg Salad Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**27**

**HOT MEAL**

- Hot Dog on a Bun with Pears and French Fries

**COLD MEAL OPTIONS:**

- **Turkey and Cheese Sandwich**
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**28**

**HOT MEAL**

- **Chicken Nachos** with Mixed Fruit and Corn

**COLD MEAL OPTIONS:**

- Salami and Cheese Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**29**

**HOT MEAL**

- Chicken Tenders and Rice Cinnamon Applesauce and Vegetable Trio

**COLD MEAL OPTIONS:**

- Tuna Salad Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

**30**

**HOT MEAL**

- Tony's Fiestada Pizza with Fruit Cup and Peas & Carrots

**COLD MEAL OPTIONS:**

- Chicken Salad Sandwich
- Peanut Butter & Jelly

**ALL COLD MEALS INCLUDE:**

- Veggie Crunchers and Assorted Fruit

Choice of milk included with each meal.

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