

SEPTEMBER
2022

Student Name: _____

Grade: _____



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
	Entrée: Macaroni & Cheese w/ Goldfish Crackers Vegetables: Green Beans Fruit: Fresh Fruit Sandwiches: Tuna Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Italian Marinated Grilled Chicken Sandwich Vegetables: French Fries Fruit: Pears Sandwiches: Ham & Cheese Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Mozzarella Sticks w/Sauce Vegetables: Broccoli Fruit: Apple Slices Sandwiches: Turkey Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Chef's Choice Pizza Vegetables: Baby Carrots Fruit: Fruit Cup Sandwiches: Egg Salad Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll
12	13	14	15	16
Entrée: Breakfast Sandwich w/Sausage Vegetables: Tator Tots Fruit: Applesauce Sandwiches: Bagel Lunch Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Chicken Nachos Vegetables: Black Bean & Corn Salad Fruit: Fruit Cup Sandwiches: Tuna Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Spicy Chicken on a Roll Vegetables: Sweet Potato Fries Fruit: Oranges Sandwiches: Ham Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Cheeseburger Mac & Cheese w/ Dinner Roll Vegetables: Broccoli Fruit: Fresh Fruit Sandwiches: Turkey Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Stuffed Crust Pizza Vegetables: Garden Salad w/ Garbanzo Beans Fruit: Apple Slices Sandwiches: Egg Salad Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll

OVER

SEPTEMBER
2022

Student Name: _____

Grade: _____



Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22	23
Entrée: Food Truck Meatballs w/ Breadstick Vegetables: Broccoli Fruit: Fresh Fruit Sandwiches: Bagel Lunch Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Beef Soft Taco w/ Salsa Vegetables: Grape Tomatoes Fruit: Diced Peaches Sandwiches: Tuna Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Hot Dog on a Bun Vegetables: BBQ Baked Beans Fruit: Fresh Strawberries Sandwiches: Ham Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Fish Sticks w/ Dinner Roll Vegetables: Loaded Mashed Potatoes Creamy Coleslaw Fruit: Fruit Cup Sandwiches: Turkey Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Garlic French Bread Pizza Vegetables: Garden Salad w/ Garbanzo Beans Fruit: Pears Sandwiches: Egg Salad Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll
26	27	28		30
Entrée: French Toast Sticks w/ Turkey Sausage Vegetables: Hash Brown Fruit: Cinnamon Applesauce Sandwiches: Bagel Lunch Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Chicken Soft Taco w/ Salsa Vegetables: Black Bean & Corn Salad Fruit: Fruit Cup Sandwiches: Tuna Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Three Cheese Cavatappi w/ Dinner Roll Vegetables: Broccoli Fruit: Oranges Sandwiches: Ham Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Popcorn Chicken w/ Dinner Roll Vegetables: Steamed Carrots Fruit: Apple Slices Sandwiches: Turkey Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll	Entrée: Cheese Pizza Vegetables: Veggie Crunchers Fruit: Fresh Fruit Sandwiches: Egg Salad Peanut Butter & Jelly Salads: Entrée Salad w/Dinner Roll

Please select either the Entrée or one Sandwich choice for your child each day.

Orders must be submitted by **Thursday, September 1, 2022** by email to cnp@hopehall.org or fax to (585) 426-3319.

Daily Milk Options
Include:

- 1% Lowfat White
- Skim
- Non-Fat Chocolate

OVER